

Artist: Amber Goldhammer

Project: Self love and affirmation



Using paper or a substrate available and/or are familiar with, students can color their name. They can draw and color different objects in their name. This helps the kids connect with themselves through choosing colors they associate with who they are.

Next, they color and write words that represent how they feel about themselves and things they like about themselves. This promotes connection to color, words, self love, self appreciation, self confidence. This project can also be done with a partner so that students can practice writing positive traits about their peers.

Students can share with the class what they wrote and colored, building love, acceptance and strength within themselves.

"I think perhaps this would be good for the fifth graders approaching 6-8th grade as that is a very hard transition time during adolescence. Helping build confidence in who they are and promoting self love would be ideal." - Amber

Artist Biography:

Amber Goldhammer is best known for creating vibrant, abstract paintings with a street art edginess. Building upon layers of bold colors and sweeping gestural movements, her newest work includes positive messages of love and hope, written in a graffitistyle script. The new mixed media series is a testament to Amber's own emotive interpretation of the ebb and flow of her life's experiences.

Currently living in Santa Monica CA, she frequently draws inspiration for her palette from the colors of the ocean, saying, "I get to take in the essence of the ocean everyday, which fuels my creativity and brings me peace."

As love and joy are paramount emotions in one's life, Amber hopes her new series incorporating the "I Love You" message can expand in various forms to reach a wider audience. Connecting people through the visual language of public art is one way she believes her street murals can impact lives, as it is impossible to view her work and not feel a sense of joy and love.

A prolific young artist with ongoing concurrent exhibitions in galleries throughout the United States, Amber has also had international success with exhibitions in Toronto, Canada and Zurich, Switzerland. Her artworks have been showcased in print and online publications, and on such TV series as "Million Dollar Listing," "Being Mary Jane," "The Catch" as well as both multi-Emmy® nominated series, "Crazy Ex- Girlfriend", and "Scandal." Goldhammer's art is also featured on the Netflix's best original series, "G.L.O.W." by "Weeds" creator, Jenji Kohan.